



1/20 Lb Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Sticks 1 oz, CN, MSC



High Liner Whole Grain Crunchy Alaska Pollock Sticks have an extra crunch that makes school and other Child Nutrition-approved applications a real treat. These quality wild caught Pollock portions are coated with kid-friendly signature seasoned breading that delivers a flavorful extra crunch with tender, flaky fish in every bite. Quick and easy to prepare, each oven-ready portion bakes from frozen to crispy perfection in minutes.;

Product Last Saved Date: 08 August 2022

Nutrition Facts

80 Servings per container

Serving Size 4 Sticks (112g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 8 g 11%

Saturated Fat 1.5 g 7%

Trans Fat 0 g

Cholesterol 35 mg 11%

Sodium 330 mg 14%

Total Carbohydrates 22 g 8%

Dietary Fiber 2 g 7%

Total Sugars 1 g

Includes 1 g Added Sugars 1%

Protein 12 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1.5 mg 8%

Potassium 200 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1089302	10035493893027	Wild

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	9.8125 INH	12.125 INH	1.0887 FTQ	12x3	540 Days	-10 FAH / 0 FAH

Ingredients :

64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen sticks on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 9-11 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Serving Suggestions:

Ideal as an entrée with dipping sauce and fresh green beans for school lunch, healthcare or senior living center dining.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN GOLDEN CRUNCHY BREADED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.





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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

2564704



EST. # 002

Oven Ready Whole Grain 1089302

Golden Crunchy Breaded

Alaska Pollock Sticks 1 oz




www.alaskapollock.org

LOT #: 1234567890



From an MSC certified sustainable fishery.
www.msc.org
MSC-C-50552

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 CONTAINS FISH (POLLOCK), WHEAT, MILK

NET WT 20 Lb (9.07 kg)



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MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801
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 www.highlinerfoods.com



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